

## Abstract

**Title:** Assessment of motor performance in primary school age

**Objective:** The work had to determinate the condition of motor performance children. Children were from 7 to 11 years old. We wanted to demonstrate increase of motor performance as consequence of natural evolution. We investigated the condition of motor performance and a level of motor abilities.

**Methods:** The main method was the test battery Unifittest 6- 60. This battery showed basic motor performance. We found the condition of movement regime of questionnaire.

**Results:** Bmi moves in a normal category. The basic motor performance moves below average. Girls have the worst results in 11 years. Boys have the worst results in 10 years. Girls have the best results in 7 years. Boys have the best results in 8 years. Motor performance decreases with age. Movement regime don't neglected. The most children visit sports club at least once a week (42,9%). Some children visit sports clubs 3-4 times a week (37%). The most favorite sports are colective games, dancing and swimming.

**Conclusion:** The results show decline of basic motor performance. Dominant physical abilities don't evolve in revelant age. Movement regime isn't neglected, but regime doesn't suffice for development. Children choose of many activities. Children commute to activities often.

## Key words

Motor performance, primary school age, motor skills, UNIFITTEST 6-60, body composition